



Print out your Emotional Currency

Step 1: Print out page 2 of this document

Step 2: Once the ink is dry, put the paper back in the printer the appropriate way around.

Step 3: Print out page 3 of this document

Step 4: Cut the notes out using scissors

You now have your 'Emotional Currency', so put them safely in your purse or wallet, and use them every chance you get, and let's see if we can start something viral that makes a positive difference.

Keep this PDF safe and print them out as often as you need. You have an unending supply of these notes now, and so use them, and encourage others to use them too, and maybe, just maybe, we can make this world just a little bit better with our kindness and our willingness to 'Pay it Forward' for a change.

Wishing you love, life and laughter

Iain Merchant

Emotional Currency



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